



THE ONLY INDEPENDENT DIALYSIS CLINIC IN NEVADA

Our Mission Statement

Red Moon Dialysis Medical Director, Dr. Cyril Ovuworie (Dr. Over-Worry), graduated from the University of Lagos School of Medicine, Nigeria in 1991 and completed his Internal Medicine Residency at Columbia University College of Physicians and Surgeons in New York, 1997. In 1999, he completed his Renal Fellowship at John Hopkins University School of Medicine in Baltimore, Maryland. He then moved on to do a Transplant Nephrology Fellowship at Harvard Medical School in Boston, Massachusetts which he completed in 2000. He subsequently served as Clinical Instructor at University of California Los Angeles School of Medicine. Dr Ovuworie participated in various research projects especially in the area of Endothelial Function, Homocysteine and Heart Disease. He and his colleagues have published many of their findings. He is Board certified in both Internal Medicine and Nephrology. Dr. Ovuworie is now in private practice in the Las Vegas Area.

Dr. Cyril Ovuworie of Kappellini Medical Group is a Board certified Nephrologist skilled in diagnosing and treating kidney problems. He can treat problems such as appearance of protein or blood in the urine, high blood pressure caused by a kidney problem, stones, infections, and the most serious of kidney disorders, complete renal dysfunction. In cases of complete dysfunction, he may prescribe peritoneal dialysis or hemodialysis. These procedures help to eliminate dangerous toxins from the body. His ultimate goal, in cases of renal failure, is to transplant a healthy kidney so that the patient may lead a normal, healthy life. Dr. Ovuworie and his staff will counsel you and recommend the best therapy for your dysfunction

Our Services

Our Mission Statement is to treat patients as we would like to be treated if we had kidney failure and were on dialysis.

Red Moon Dialysis offers In-Center Hemodialysis as well as Home Peritoneal Dialysis training and support. A Renal Transplant Service is also available.

The center gives you the best possible dialysis care in a comfortable and convenient setting.

We Offer:

- State-of-the-art hemodialysis equipment
- Centralized Solution Delivery System
- 33 stations at the center
- Home dialysis services available (CAPD and CCPD)
- Flat screen color television with cable TV at every station
- Stand by generator
- Comfortable leather chairs with massage
- Friendly qualified staff
- High efficiency, high-flux dialysis
- Isolation stations available
- Medicare and other insurance accepted



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Nutrition

Good nutrition is key to feeling well while on dialysis. When your kidneys do not work well, waste products build up in your blood. The dialysis machine removes some, but not all, of these wastes. That is why following a renal diet is so important. You can help control the amount of waste products in your blood through good nutrition.

There are different nutrients that dialysis patients need to pay attention to in their diet to achieve optimal nutrition intake. They are: calories, protein, sodium, potassium, phosphorus, and fluid.

Calories

Calories provide energy for your body. Undergoing dialysis treatments is taxing on the body, so you may need more calories than you did before starting dialysis. However, sometimes people on dialysis become less active than they were before starting dialysis and need less calories. It is a good idea to watch your weight after dialysis treatments. If it is decreasing consistently and you feel more sluggish during your regular, daily activities, you may need to eat a little more. If you are gaining weight, you may need to decrease the amount of food you eat. The dietitian can help you manage your weight and help you eat the right amount of food for your needs.

Protein

Protein helps you keep muscle and repair tissues. Before you were on dialysis, the nephrologist may have advised you to eat a low protein diet. Now that you are on dialysis, your body loses a little bit of protein each time you dialyze. You need to replenish this, so your protein needs are even higher than they were before your kidneys started to fail. Make sure that you eat high quality protein each day. This is beef, fish, poultry, pork, lamb, shellfish, and eggs. The dietitian can help you learn the right amount of protein for your diet.

Education

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The Kidneys are blood-cleansing organs removing waste and excess fluid from the body in form of urine. The function includes production of hormones, regulation of blood pressure and maintaining a balance of fluid and electrolytes. Healthy people have two kidneys, each about the size of a fist, located behind the abdominal cavity, on either side of the spine at the lowest level of the rib cage. Each kidney contains about a million Nephrons, the filtering unit of the kidney.

Nephrologist: A Physician who specializes in diseases of the kidney.

Kidney Failure: If one kidney stops working, or both are partially damaged, the remaining kidney is usually able to perform adequately on its own. That is why kidney transplant donors and recipients are able to live well with a single functioning kidney. End Stage Renal Disease or total Kidney failure results from loss of function of both kidneys. Renal is another term used in reference to the kidney, as in “Renal failure”.

Causes of Kidney Failure: Diabetes Mellitus accounts for (40%) of all new kidney failure cases, followed by Hypertension (30%). Other causes include Cystic kidney diseases, Glomerulonephritis, Drugs, Infections, Inherited and Congenital kidney diseases.

Treatment of Kidney Failure: Kidney failure results in accumulation of toxins and fluid in the blood. Treatment options include Dialysis and Transplantation. There are about 500,000 Americans with kidney failure requiring dialysis or transplantation.



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